

Sydney Region – South

# PRIMARY EXECUTIVE NETWORK

2009



## Student Mental Health and Wellbeing

**A workshop presented by The Black Dog Institute**  
to address the way mental health issues are  
impacting on our schools

**Topic:** Student Mental Health and Wellbeing

**Date:** Thursday 19 November, 2009

**Where:** The Historic Como Hotel – Cremona Road, Como

**Time:** 4:00pm - 8:00pm

**Cost:** \$55.00 per person (Includes GST)  
Includes professional speaker fees, afternoon tea and two course dinner

**Parking:** Available on the street and in the grounds of the hotel

**RSVP:** Register online at [www.srpen.nsw.edu.au](http://www.srpen.nsw.edu.au) by 11 November 2009  
Then forward payment to Grays Point PS

**Places are limited – to secure your place register online ASAP**

**Enquiries:** Wanita Bowles Burraneer Bay PS  
Email: [Wanita.Bowles@det.nsw.edu.au](mailto:Wanita.Bowles@det.nsw.edu.au)

Ph 9523 4869  
Fax 9544 1426

# STUDENT MENTAL HEALTH AND WELLBEING

**A workshop for executive and aspiring executive to address the way mental health issues are impacting on our schools**

BLACK DOG INSTITUTE



The Black Dog Institute is a not-for-profit, educational, research, clinical and community-oriented facility offering specialist expertise in depression and bipolar disorder.

Our Community Education Programs aim to de-stigmatise and raise awareness about the symptoms, causes and treatments of mood disorders and encourage early help-seeking.

This seminar will focus on identifying early signs of depression or bipolar disorder in adolescents and promote discussion on how to support vulnerable students within the school system. Wellbeing tips will also be shared.

## **Dinner**

**This session includes a 2-course dinner- alternate serve:**

<b>Mains</b>	<b>Desserts</b>
<i>Grain fed Beef Fillet with crisp Potato Bake, asparagus and coriander green mustard</i>	<i>Lemon Tart with Blood orange Sorbet and Strawberry Salad</i>
<b>OR</b>	<b>OR</b>
<i>Barramundi Fillet on Truffle Mash and lemon butter sauce</i>	<i>Toblerone Ice Cream Tower with Rich chocolate sauce and wafers</i>

To register for this exciting Professional Development opportunity log on to the Sydney Region Primary Executive Network website...

[www.srpen.nsw.edu.au](http://www.srpen.nsw.edu.au)

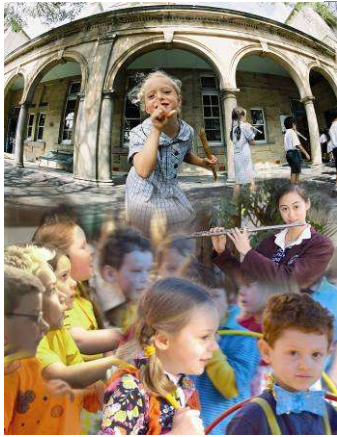
Go to the PEN South page and click on "Upcoming Events"

**PLEASE NOTE:** Cancellations will be accepted up until 3.00pm on Friday 13 November, 2009. After this time no cancellations will be accepted and payment must be made. Staff unable to attend may send a replacement.

*Closing Date for Applications: Wednesday 11 November, 2009*

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## TAX INVOICE

*Please fill this in and pass on to your office staff for processing.*

Number of Attendees	Item	Price Per Head (Including GST)	Total
	Term 4 – Student Health and Wellbeing Workshop	\$55.00	\$

**Please list the names of staff attending:**


**NOTE:** This is not a registration form, it is for invoice purposes. Please be sure to register for this course online at [www.srpen.nsw.edu.au](http://www.srpen.nsw.edu.au)

***Please make cheques payable to:***

Grays Point Public School  
 ABN: 8076 1878 478

and forward (with a copy of this invoice) to...  
 Sydney Region (South) Primary Executive Network  
 C/- Grays Point Public School  
 109 Angle Road  
 Grays Point NSW 2232

**Authorised by:** \_\_\_\_\_  
*Principal*

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